

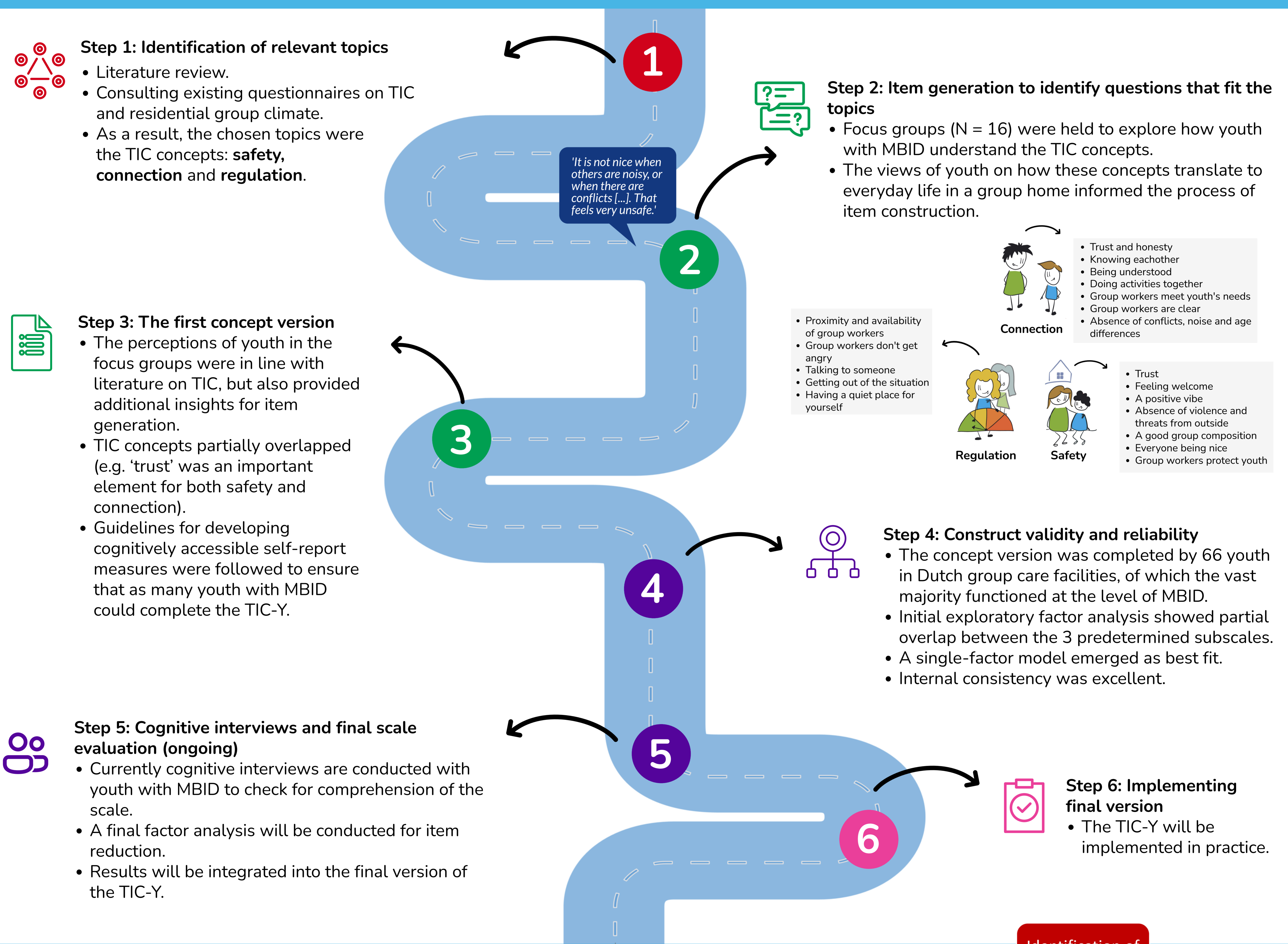
Evaluating youth's perspective on the quality of care: The development of the *trauma-informed care* youth evaluation questionnaire (TIC-Y)

What is trauma-informed care?

- Childhood experiences, both positive and negative, form the basis for (brain)development, behavior, well-being and health throughout life.
- Youth with behavioral, emotional and learning problems are more likely to experience adverse childhood experiences (ACEs) than youth without these problems.
- Implementing Trauma-informed care (TIC) provides an important basis for care providers to recognize and deal with the consequences of ACEs and promote recovery.
- "Empowerment & Choice" is one of the SAMHSA leading principles of TIC. It should therefore be common to include youth's perspectives on the quality of care in a TIC organization.

Study aim

- To date, there is no instrument that assesses to what extent organizations adhere to TIC-principles from the perspective of juvenile service-users.
- The aim of this study was to develop a self-report questionnaire for youth to evaluate the quality of care in group care facilities in The Netherlands from a trauma-informed framework.
- Youth receiving care at the organization that conducted this research (Koraal) experience cognitive and adaptive functioning problems. Therefore, we aimed to construct a version that was cognitively accessible and conceptually relevant to youth with mild to borderline intellectual disabilities (MBID).
- Steps of the questionnaire development are described below.



Conclusion and next steps

- The TIC-Y has been shown to be a reliable and cognitively accessible self-report measure.
- It is currently being put into practice at care organizations as part of a monitoring system for the evaluation of the implementation of TIC. This can contribute to the quality of a trauma-informed group climate which promotes learning, wellbeing and recovery.
- Follow-up steps involve further psychometric research and the translation of the TIC-Y to English. Additionally, in order to enable group discussion of the survey results with youth, we are currently experimenting with various formats that facilitate discussion.

